

**Confucius Institute
Western Michigan University
1903 W. Michigan Ave.
Kalamazoo, MI 49008-5245
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Introduction to Traditional Chinese Medicine (TMC)

Course Syllabus

Summer Term 2010 (May 19, May 26, June 2, June 9, June 16, June 23)

Instructor

Ms. Bin Liu

Instructor contact information

Office phone: 269-387-3951

Email: bin.liu@wmich.edu

Location and class times:

Wednesdays, 5:30 - 7:30 p.m.

Dunbar Hall 2203

Target students:

Anyone interested in learning more about Traditional Chinese Medicine, its use, history and therapeutic techniques. There is no Chinese language proficiency requirement.

Required texts

Materials will be provided during the course.

Course description

This class will introduce the students to the practice of Traditional Chinese Medicine (TCM). It includes the history of TCM, a comparison to mainstream American medicine, an overview of TCM medical theory, TCM diagnosis and TCM medical techniques. The courses will be taught via lecture, demonstration and hands-on activities.

Course objectives

1. To help the students understand Chinese culture and thought through the study of TCM.
2. To give the students an overview of TCM so they will be able to discuss TCM with others and be able to choose medical treatment that includes the use of TCM.
3. To help students understand basic TCM vocabulary.

Modes of instruction

Lecture, demonstration, and interactive hands-on practice.

Grading Procedures and Assessments

The Confucius Institute awards a Certificate of Completion when 60 or more points are earned from class participation and the final exam.

A. Participation

In order to achieve the maximum number of points, students must attend every class, be on time to class and participate in all class activities.

Exceeds Standards	<ul style="list-style-type: none">• Attends all classes• On time to every class• Participates in class activities during every class• Up to 40 points awarded
Meets Standards	<ul style="list-style-type: none">• Attends 10-14 classes• Is on time to each class attended• Participates in class discussions in each class attended• Up to 39 points awarded
Does Not Meet Standards	<ul style="list-style-type: none">• Attends less than 10 classes• Does not arrive on time to class• Does not regularly participate in class activities• Up to 19 points awarded

B. Final Exam

The final examination will cover all the material presented in class.

Tentative Schedule

Lesson 1 (May 19): Introduction to Traditional Chinese Medicine, history and philosophy.

Lesson 2 (May 26): TCM comparison to mainstream American Medicine and TCM theories

Lesson 3 (June 2) : TCM diagnosis and demonstration, pulse and tongue diagnosis (demonstration and experiential activities).

Lesson 4 (June 9): Tui Na (demonstration and experiential activities).

Lesson 5 (June 16): Chinese cupping and medicine.

Lesson 6 (June 23): Semester review and final exam